

## THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2018 Sporting Excellence in Karate National Level

## **Ben Marshall**

This is to certify that Ben Marshall has achieved the standard of Sporting Excellence in Competition Sport Karate. Ben competed at National Championships throughout England in 2018 winning the medals and titles listed below:-

Championship Success - 1 Gold 1 Silver 2 Bronze

**Hull & East Riding Junior Championships** - 10<sup>th</sup> June, Bilton Gold - Individual Kata

North of England Championships - 30<sup>th</sup> September, Barnsley Bronze - Team Kata

**Shindo Kai Championships** - 18<sup>th</sup> November, Barnsley Silver - Pairs Kata Bronze - Team Kata

Congratulations on your sporting achievements throughout 2018. Well done Ben.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy







